



IRON COVE CLASSIC COURSE INSTRUCTIONS

For the 4th time in a row, the Iron Cove Classic is being held as a three race series promoted by the Balmain, Drummoyne and Leichhardt Rowing Clubs. The series has been established to provide clubs with an opportunity to promote and encourage big boat rowing whilst working on improving strength and endurance as a lead up to shorter distance events later in the season.

We hope to see many clubs and schools using the Iron Cove Classics to build combination and measure improvement over the series and have some fun on a challenging course.

Medals will be awarded in each category at all three ICC events at a medal ceremony to be held over breakfast at Leichhardt Rowing Club 30 minutes after the last crew finishes.

The fastest cumulative time of the series for a Men's and a Women's crews will also be presented with the Jim Walker Perpetual Shields. This award is sponsored by Drummoyne Rowing Club and will be presented following the final race on 12th November.

Dates

ICC No. 1	Host Drummoyne	Sunday 15 th October 2017
ICC No. 2	Host Balmain	Sunday 29 th October 2017
ICC No. 3	Host Leichhardt	Sunday 12 th November 2017

Race Start time 8.00am

Competitor Safety and General Information

Safety is paramount to the running of The Iron Cove Classic. Risk assessment and strategies have been implemented in accordance with requirements from RNSW and NSW Maritime.

Coxswains should be competent and able to navigate the course. Please ensure your coxswains are familiar with the course map. A video of how to navigate the course can be found here: <https://www.youtube.com/watch?v=GnLBPGvfkTA>

The Course (Approx 7.8Km. See map attached)

The start/finish line is off Leichhardt Point between the submarine cable sign on the Leichhardt shoreline and the sign on Rodd Point. The starter will be based on the bank on the Leichhardt side of the course. The course runs up through the Iron Cove Bridge past Balmain Rowing Club and the famous Dawn Fraser Baths around Cockatoo Island and returning via Schnapper Island, rounding Birkenhead Point alongside the marina, back through Iron Cove Bridge past Drummoyne Rowing Club to the finish/start.

Bow Numbers

Competitors must use official bow numbers. Bow Numbers are available on race day from 6.30 am upstairs at Leichhardt Rowing Club. Prior arrangements may be made to collect prior to race day by contacting Owen Nix at Rowing NSW on (02) 9555 6111 or 0499 105 414. Please make sure to return bow numbers after the event to the results desk at LRC.



Proceeding to the Start:

From Leichhardt

Crews boating from Leichhardt should leave the pontoon facing Iron Cove Bridge, row up to the Red marker buoy, turn and cross the course when safe to do so, passing around Rodd Island on the Drummoyne side, then row past Rodd Point to the start marshalling area between the start line and the UTS shed.

From Drummoyne

Crews boating from Drummoyne should follow the same flow leaving the pontoon facing Iron Cove Bridge then turn on leaving the pontoon and row to the start via the Drummoyne shore side of Rodd Island.

If boating from elsewhere crews entering Iron Cove should observe an anti-clockwise direction of traffic in Iron Cove and proceed to the start marshalling area via the Drummoyne side of Rodd Island.

Crews must be in place 10 minutes before their start time in number order. Crews will be sent away by the starter 30 seconds apart in race event order as follows:

MA-D Grade 8+ WA-D Grade 8+ MM 8+ WM 8+ Mixed 8+ SB 8+ SG 8+

The start list is available on the Rowing NSW website.

Marshalling and Umpires

Crews must Self Marshal according to Bow Number on approach to the start line. A Marshal has been assigned to confirm starting order as crews cross the start line. Boats will be starting 30 seconds apart. Any crews out of numerical order will be detained and started at the back of the pack.

Navigation through the bridges: From the start, racing is permissible through the 2nd and 3rd arches from the coxswains right only (on the Leichhardt side of the Bay). On the return, racing is again through the 2nd and 3rd arches from the coxswains right (on the Drummoyne side of the Bay). Boats must not race through the 4th/middle arch of the bridges.

BRO/Umpires will be placed at key points on the course. They will be behind the start line to assist with getting crews to the start line and then after the race back to the pontoon safely via the Leichhardt shoreline.

On course Umpire boats will be located at:

- Near Balmain Rowing Club, (crews must pass this marshal on their bow side or the coxswains right/to starboard)
- at the North-Eastern and North Western corners of Cockatoo Island (**crews must pass on the outside of the Umpire Tinnie**)
- to the north of Spectacle Island to keep crews away from shallow water (crews must pass this marshal on their bow side or the coxswains right/to starboard).



Fair play: if a competitor boat is being overtaken by a faster boat, then the slower boat must not impede or block an overtaking crew. Overtaking crews should not seek to pass on the inside of crews taking a corner and should keep well clear to avoid a collision. Course marshals will report all infringements of these “fair play” instructions to the race jury for action.

The Finish:

All crews must keep rowing at least 100m past the finish line to keep the line clear for other crews to finish.

If **returning to Leichhardt**, proceed to the pontoon via the Leichhardt shoreline.

If **returning to Drummoyne**; proceed via the Leichhardt shore past the Red marker buoy off the Callan Park Point, turn and cross the course when safe to do so. Crews are welcome to rack boats while they go across to Leichhardt for the medal presentation and breakfast.

Medal presentations: will be held upstairs in the Leichhardt club house 30 minutes after the finish of racing.

Boat trailers, parking, boat racking, ferry times

From Leichhardt

If boating from Leichhardt: trailers can park and rig at the water's edge next to LRC. Car parking is available on Glover Street. Park gates beside LRC open from 6:30 am for boat and trailer access.

From Drummoyne

Crews are welcome to boat from Drummoyne pontoon. Prior to each race and racking can be made available by prior arrangement. Please contact DRC through Kathleen Hextell on 0477 222 474 or kath.hex@gmail.com if you would like to organise overnight or early race day boat storage.

The Iron Cove Classic races on a working harbour. Timing of racing has been directed by NSW Maritime to minimise disruption to ferry services and to ensure sunrise does not affect vision. Participants need to be aware of recreational and commercial boats using the waterways and all care should be taken to avoid risk.

Ferry times

The ferries will run at their schedule. The following times are scheduled for ferries to arrive at Cockatoo Island wharf.

0758 – going west

0813 – going east

0828 – going west

0843 – going east

For further information please contact:

Kathleen Hextell, Drummoyne on 0477 222 474

Rick Gates, Drummoyne on 0418 647 577



Iron Cove Classic Course – ~7,800 metres



- ★ Marshal/BRO
- ▲ Start/Finish Line (Referee)