



Bulletin 1

December 2016

Welcome to the 2017 Australian Masters Rowing Championships

Thursday 18 – Sunday 21 May 2017, Nagambie Lakes

Dear Masters Community,

I would like to share a little.

My first experience of masters rowing was at the Australian Master's Championships in Nagambie in 2008. As a young chap I had not yet been exposed to the level of competition and challenge to be had. My knowledge of masters up to that point had been watching the odd crew go out for a social paddle. I had no idea that endurance improves with age, or that athletes can be launched from any point in your life. I looked on at skilled artisans of the sport still competing, and smiling, and grimacing. I watched new members taking up the challenge, and watched as those new members raced on over the years to accrue skill and fitness and compete.

In my mind it was the experience of the master's nationals that instilled this desire to become an athlete again or to learn to become one. The social camaraderie, the racing format as well as the sterling competition and field size.

So as President of the Organising Committee for AMRC 2017, it is with great pleasure that I can say welcome to racing back at Nagambie. The facilities are in top shape, and we are pulling out the stops. The community has really rallied around the location, and there are many accommodation options. We are looking forward to a big trade show display and some excellent choices for lunch, second lunch and elevenses. Alternatively take a short trip down the road to a winery and sample the local produce whilst dining in style. I can also recommend some of the local taverns in Nagambie, Avenel or Longwood.

I look forward to matching up with you on the start, or on the bank with your choice of beverage. (yes there will be extra coffee vans and a bar). So get your gear on, enjoy the best part of the day on the water and bring it.

Nick Inglis

Chair of the 2017 AMRC Organising Committee

The Venue: Nagambie Lakes, Victoria

The regatta is to be held at Nagambie Lakes, in the Shire of Strathbogie, 100km north of Melbourne. The lake is an excellent facility that has hosted many national championships. The lake has a recently upgraded fully buoyed, 8 lane course with fabulous competitor and spectator facilities.

Lake Nagambie is one of Australia's most scenic places to go fishing, water skiing, sailing, rowing along, canoeing or simply relaxing on its banks over a picnic and strolling along the boardwalk. There is easy boat access to the adjacent Goulburn River for training and sightseeing.



www.strathbogievic.gov.au



The Strathbogie region boasts an escape to fresh air, natural attractions and so much to see, do, experience and taste. Including stunning views from the heights of our ranges and charming villages, with locally produced fine food and wine.

Accommodation options are listed here

<http://www.strathbogie.vic.gov.au/tourism/tourism/accommodation>

Find out everything you can see and do in the Strathbogie Shire here

<http://www.strathbogie.vic.gov.au/tourism/tourism/attractions>

Travel

Nagambie is easily accessed via an easy 90 minute drive from Melbourne Airport.

Accommodation

A range of accommodation is available in the town of Nagambie and in the surrounding region

For information on accommodation contact the Nagambie Lakes Visitor Information Centre:

Address: 317 High Street Nagambie

Email: nagvicinfo@strathbogie.vic.gov.au

Website: www.nagmabelakestourism.com.au

Phone: 03 5794 1471

Parking

Ample free onsite parking for competitors and spectators is available.

Indicative Event List

The Event List can be found at: <http://www.rowingaustralia.com.au/wp-content/uploads/2015/02/Rowing-Australia-Rules-2014-2015-Edition-Appendix-9-Masters-Events.pdf>

The indicative order of races is attached.

Regatta Rules

Racing will be conducted in accordance with the Rowing Australia Rules of Racing and the Rowing Australia Code of Conduct will apply. Both of these documents can be found on the Rowing Australia website: www.rowingaustralia.com.au

Eligibility

All rowers who are 27 years or older in 2017 are eligible to race in the Championships. The age categories are as follows:

- A Minimum age: 27 years
- B Average age: 36 years or more
- C Average age: 43 years or more
- D Average age: 50 years or more
- E Average age: 55 years or more
- F Average age: 60 years or more
- G Average age: 65 years or more
- H Average age: 70 years or more
- I Average age: 75 years or more
- J Average age: 80 years or more
- K Average age: 85 years or more

Overseas crews are welcome to compete.

Entries

Entries will be accepted via Rowing Manager: www.rowingmanager.com

The cost of entry will be \$45 per seat (inclusive of GST)

There will be no charge for coxswains



Entry fees must be paid at the point of entry
Entries will open on: 13 March 2017
Entries will close on: 11.59pm AEST 2 May 2017
Withdrawal without penalty period closes: 11.59pm AEST 5 May

Social Functions

The Organising Committee are planning on running a number of social functions, including bar facilities at the regatta centre and a leisurely row or race for 7km to Tahbilk Winery.

John Whiting Club 8+ Trophy

The winner of the men's "Championship Club 8+" at the Australian Master's Rowing Championships will be awarded the newly -instigated "John Whiting Trophy", in memory of the late Chairman of the Rowing Australia Masters Commission, John Whiting.

John was instrumental in having this popularly-contested event added to the Championship programme, and the trophy will be presented for the first time at the 2017 Championships in Nagambie.

Boat Hire

Boat Hire will be available, more information will be available in the next bulletin. If you are planning on utilising this option, please indicate this by contacting alice@rowingvictoria.asn.au as soon as possible.

Team Tents

Clubs will be able to erect club tents along the foreshore of Lake Nagambie. Club tents will not be permitted in the boat park.

Trailer Parking

Clubs will be directed to unload boat trailers and move trailers to a specific trailer parking area adjacent to the finish line.

Boat Park & Racking

Boat Racks will be set up in the boat park. Racks will be allocated based on boat size 1X, 2-/2X, 4X/4 and 8+.

Training Times

The venue will be officially open to training from Wednesday 17 May at 9.00am
On-water rescue and First Aid will be operational from this time.
Rescue and First Aid will be located at the regatta centre and therefore will not cover any training on the Goulburn River.

Merchandise

Applications for merchandisers are open, interest parties may contact Alice Evans alice@rowingvictoria.asn.au

Sponsorship Opportunities

For sponsorship opportunities, contact Nick Gall nick@rowingvictoria.asn.au

Volunteers

Get involved, if you can't participate in the regatta, please consider helping out by volunteering! There are lots of ways to get involved and be part of a great event! If you are interested in volunteering, please contact alice@rowingvictoria.asn.au



Indicative Race Schedule – subject to change following final entry numbers

Australian Masters Rowing Championships

Thursday, 18 May 2017

Indicative Race Schedule Only

Subject to Change following final entry numbers

<u>Race</u>	<u>Time</u>	<u>Event</u>		<u>Distance</u>
1	9:00 AM	30 Womens Masters C 2x	Heat 1	1000
2	9:05 AM		Heat 2	1000
3	9:10 AM		Heat 3	1000
4	9:15 AM		Heat 4	1000
5	9:20 AM	80 Mens Masters F 4x	Heat 1	1000
6	9:25 AM		Heat 2	1000
7	9:30 AM	2 Womens Masters A 2x	Heat 1	1000
8	9:35 AM		Heat 2	1000
9	9:40 AM	47 Womens Masters D 4-	Heat 1	1000
10	9:45 AM		Heat 2	1000
11	9:50 AM	48 Womens Masters D 4+	Heat 1	1000
12	9:55 AM		Heat 2	1000
13	10:00 AM	50 Mens Masters D 1x	Heat 1	1000
14	10:05 AM		Heat 2	1000
15	10:10 AM		Heat 3	1000
16	10:15 AM		Heat 4	1000
17	10:20 AM	87 Womens Masters G 4x	Heat 1	1000
18	10:25 AM		Heat 2	1000
19	10:30 AM	57 Womens Masters E 1x	Heat 1	1000
20	10:35 AM		Heat 2	1000
21	10:40 AM		Heat 3	1000
22	10:45 AM		Heat 4	1000
23	10:50 AM	67 Mens Masters E 2-	Heat 1	1000
24	10:55 AM		Heat 2	1000
25	11:00 AM	106 Mens Masters H 1x	Heat 1	1000
26	11:05 AM		Heat 2	1000
27	11:10 AM	30 Womens Masters C 2x	Semi-Final 1	1000
28	11:15 AM		Semi-Final 2	1000
29	11:20 AM	40 Mens Masters C 4-	Heat 1	1000
30	11:25 AM		Heat 2	1000
31	11:30 AM	125 Mens Masters I 4-	Final	1000
32	11:35 AM	126 Mens Masters I 4+	Final	1000
33	11:40 AM	74 Womens Masters F 2-	Final	1000
34	11:45 AM	80 Mens Masters F 4x	Final	1000
35	11:50 AM	2 Womens Masters A 2x	Final	1000
36	11:55 AM	11 Mens Masters A 2-	Final	1000
37	12:00 PM	47 Womens Masters D 4-	Final	1000
38	12:05 PM	48 Womens Masters D 4+	Final	1000
39	12:10 PM	50 Mens Masters D 1x	Final	1000
40	12:15 PM	87 Womens Masters G 4x	Final	1000
41	12:20 PM	96 Mens Masters G 4-	Final	1000
42	12:25 PM	97 Mens Masters G 4+	Final	1000



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43	12:30 PM	21 Womens Masters B 8+	Final	1000
44	12:35 PM	24 Mens Masters B 4x	Final	1000
45	12:40 PM	57 Womens Masters E 1x	Final	1000
46	12:45 PM	67 Mens Masters E 2-	Final	1000
47	12:50 PM	129 Mens Masters J 1x	Final	1000
48	12:55 PM	135 Mens Masters K 1x	Final	1000
49	1:00 PM	118 Womens Masters H - K 4-	Final	1000
50	1:05 PM	119 Womens Masters H - K 4+	Final	1000
51	1:10 PM	106 Mens Masters H 1x	Final	1000
52	1:15 PM	30 Womens Masters C 2x	Final	1000
53	1:20 PM	40 Mens Masters C 4-	Final	1000
54	1:25 PM	41 Mens Masters C 4+	Final	1000

Lunch Break

55	2:00 PM	155 Mixed Masters F & G 4+	Division 1	1000
56	2:05 PM	141 Mixed Masters C 2x	Division 1	1000
57	2:10 PM		Division 2	1000
58	2:15 PM		Division 3	1000
59	2:20 PM	150 Mixed Masters E 4x	Division 1	1000
60	2:25 PM		Division 2	1000
61	2:40 PM	161 Champion Club Womens Eight	Heat 1	1000
62	2:45 PM		Heat 2	1000
63	2:50 PM		Heat 3	1000
64	2:55 PM		Heat 4	1000
65	3:00 PM	162 Champion Club Mens Eight	Heat 1	1000
66	3:05 PM		Heat 2	1000
67	3:10 PM		Heat 3	1000
68	3:15 PM		Heat 4	1000
69	3:30 PM	138 Mixed Masters A & B 4x	Division 1	1000
70	3:35 PM		Division 2	1000
71	3:40 PM	146 Mixed Masters D 4x	Division 1	1000
72	3:45 PM		Division 2	1000
73	3:50 PM		Division 3	1000
74	3:55 PM		Division 4	1000
75	4:00 PM	153 Mixed Masters F & G 2x	Division 1	1000
76	4:05 PM		Division 2	1000
77	4:10 PM		Division 3	1000
78	4:15 PM		Division 4	1000
79	4:20 PM		Division 5	1000
80	4:25 PM	143 Mixed Masters C 4+	Division 1	1000
81	4:30 PM	151 Mixed Masters E 4+	Division 1	1000
82	4:35 PM	159 Mixed Masters H - K 4+	Division 1	1000
83	4:50 PM	161 Champion Club Womens Eight	Final	1000
84	4:55 PM	162 Champion Club Mens Eight	Final	1000



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Australian Masters Rowing Championships

Friday, 19 May 2017

Indicative Race Schedule Only

Subject to Change following final entry numbers

<u>Race</u>	<u>Time</u>	<u>Event</u>		<u>Distance</u>
85	7:30 AM	45 Womens Masters D 4x	Heat 1	1000
86	7:33 AM		Heat 2	1000
87	7:36 AM		Heat 3	1000
88	7:39 AM		Heat 4	1000
89	7:42 AM	65 Mens Masters E 2x	Heat 1	1000
90	7:45 AM		Heat 2	1000
91	7:48 AM		Heat 3	1000
92	7:51 AM		Heat 4	1000
93	8:00 AM	71 Womens Masters F 1x	Heat 1	1000
94	8:05 AM		Heat 2	1000
95	8:10 AM	82 Mens Masters F 4-	Heat 1	1000
96	8:15 AM		Heat 2	1000
97	8:20 AM	122 Mens Masters I 2x	Heat 1	1000
98	8:25 AM		Heat 2	1000
99	8:30 AM	9 Mens Masters A 2x	Heat 1	1000
100	8:35 AM		Heat 2	1000
101	8:40 AM	45 Womens Masters D 4x	Semi-Final 1	1000
102	8:45 AM		Semi-Final 2	1000
103	8:48 AM	53 Mens Masters D 2-	Heat 1	1000
104	8:51 AM		Heat 2	1000
105	8:54 AM	92 Mens Masters G 1x	Heat 1	1000
106	8:57 AM		Heat 2	1000
107	9:00 AM		Heat 3	1000
108	9:03 AM		Heat 4	1000
109	9:06 AM	15 Womens Masters B 1x	Heat 1	1000
110	9:09 AM		Heat 2	1000
111	9:12 AM	60 Womens Masters E 2-	Heat 1	1000
112	9:15 AM		Heat 2	1000
113	9:18 AM	65 Mens Masters E 2x	Semi-Final 1	1000
114	9:21 AM		Semi-Final 2	1000
115	9:25 AM	33 Womens Masters C 4-	Heat 1	1000
116	9:29 AM		Heat 2	1000
117	9:32 AM	36 Mens Masters C 1x	Heat 1	1000
118	9:35 AM		Heat 2	1000
119	9:38 AM		Heat 3	1000
120	9:41 AM		Heat 4	1000
121	9:45 AM	116 Mens Masters I 2x	Final	1000
122	9:50 AM	71 Womens Masters F 1x	Final	1000
123	9:55 AM	82 Mens Masters F 4-	Final	1000
124	10:00 AM	83 Mens Masters F 4+	Final	1000
125	10:05 AM	4 Womens Masters A 2-	Final	1000
126	10:10 AM	9 Mens Masters A 2x	Final	1000
127	10:15 AM	45 Womens Masters D 4x	Final	1000



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128	10:20 AM	53 Mens Masters D 2-	Final	1000
129	10:25 AM	91 Womens Masters G 8+	Final	1000
130	10:30 AM	92 Mens Masters G 1x	Final	1000
131	10:35 AM	15 Womens Masters B 1x	Final	1000
132	10:40 AM	25 Mens Masters B 2-	Final	1000
133	10:45 AM	60 Womens Masters E 2-	Final	1000
134	10:50 AM	65 Mens Masters E 2x	Final	1000
135	10:55 AM	131 Mens Masters J & K 2-	Final	1000
136	11:00 AM	109 Mens Masters H 2-	Final	1000
137	11:05 AM	33 Womens Masters C 4-	Final	1000
138	11:10 AM	34 Womens Masters C 4+	Final	1000
139	11:15 AM	36 Mens Masters C 1x	Final	1000
140	11:20 AM	116 Womens Masters H - K 4x	Final	1000

Lunch Break

141	12:00 PM	51 Mens Masters D 2x	Heat 1	1000
142	12:03 PM		Heat 2	1000
143	12:06 PM		Heat 3	1000
144	12:09 PM		Heat 4	1000
145	12:13 PM	59 Womens Masters E 4x	Heat 1	1000
146	12:17 PM		Heat 2	1000
147	12:21 PM		Heat 3	1000
148	12:25 PM		Heat 4	1000
149	12:30 PM	78 Mens Masters F 1x	Heat 1	1000
150	12:35 PM		Heat 2	1000
151	12:40 PM		Heat 3	1000
152	12:45 PM		Heat 4	1000
153	12:50 PM	3 Womens Masters A 4x	Heat 1	1000
154	12:55 PM		Heat 2	1000
155	1:00 PM	46 Womens Masters D 2-	Heat 1	1000
156	1:05 PM		Heat 2	1000
157	1:10 PM	51 Mens Masters D 2x	Semi-Final 1	1000
158	1:13 PM		Semi-Final 2	1000
159	1:16 PM	22 Mens Masters B 1x	Heat 1	1000
160	1:19 PM		Heat 2	1000
161	1:24 PM	70 Mens Masters E 8+	Heat 1	1000
162	1:29 PM		Heat 2	1000
163	1:32 PM	107 Mens Masters H 2x	Heat 1	1000
164	1:35 PM		Heat 2	1000
165	1:38 PM	29 Womens Masters C 1x	Heat 1	1000
166	1:41 PM		Heat 2	1000
167	1:44 PM		Heat 3	1000
168	1:47 PM		Heat 4	1000
169	1:50 PM	39 Mens Masters C 2-	Heat 1	1000
170	1:53 PM		Heat 2	1000
171	2:00 PM	77 Womens Masters F 8+	Final	1000
172	2:05 PM	78 Mens Masters F 1x	Final	1000
173	2:10 PM	117 Womens Masters I - K 2-	Final	1000



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174	2:15 PM	127 Mens Masters I 8+	Final	1000
175	2:20 PM	3 Womens Masters A 4x	Final	1000
176	2:25 PM	12 Mens Masters A 4-	Final	1000
177	2:30 PM	13 Mens Masters A 4+	Final	1000
178	2:35 PM	46 Womens Masters D 2-	Final	1000
179	2:40 PM	51 Mens Masters D 2x	Final	1000
180	2:45 PM	19 Womens Masters B 4-	Final	1000
181	2:50 PM	20 Womens Masters B 4+	Final	1000
182	2:55 PM	22 Mens Masters B 1x	Final	1000
183	3:00 PM	59 Womens Masters E 4x	Final	1000
184	3:05 PM	70 Mens Masters E 8+	Final	1000
185	3:10 PM	100 Womens Masters H 2x	Final	1000
186	3:15 PM	107 Mens Masters H 2x	Final	1000
187	3:20 PM	29 Womens Masters C 1x	Final	1000
188	3:25 PM	39 Mens Masters C 2-	Final	1000
189	3:30 PM	136 Mens Masters K 2x	Final	1000
190	3:40 PM	137 Mixed Masters A & B 2x	Division 1	1000
191	3:45 PM		Division 2	1000
192	3:50 PM	145 Mixed Masters D 2x	Division 1	1000
193	3:55 PM		Division 2	1000
194	4:00 PM		Division 3	1000
195	4:05 PM		Division 4	1000
196	4:10 PM		Division 5	1000
197	4:15 PM	153 Mixed Masters F&G 4x	Division 1	1000
198	4:20 PM		Division 2	1000
199	4:25 PM		Division 3	1000
200	4:30 PM		Division 4	1000
201	4:35 PM	144 Mixed Masters C 8+	Division 1	1000
202	4:40 PM		Division 2	1000
203	4:45 PM	152 Mixed Masters E 8+	Division 1	1000
204	4:50 PM		Division 2	1000
205	4:55 PM	160 Mixed Masters H-K 8+	Division 1	1000



Indicative Race Schedule Only

Subject to Change following final entry numbers

<u>Race</u>	<u>Time</u>	<u>Event</u>		<u>Distance</u>
206	7:30 AM	64 Mens Masters E 1x	Heat 1	1000
207	7:33 AM		Heat 2	1000
208	7:36 AM		Heat 3	1000
209	7:39 AM		Heat 4	1000
210	7:42 AM	72 Womens Masters F 2x	Heat 1	1000
211	7:45 AM		Heat 2	1000
212	7:48 AM		Heat 3	1000
213	7:51 AM		Heat 4	1000
214	7:56 AM	84 Mens Masters F 8+	Heat 1	1000
215	8:01 AM		Heat 2	1000
216	8:04 AM	8 Mens Masters A 1x	Heat 1	1000
217	8:07 AM		Heat 2	1000
218	8:10 AM	43 Womens Masters D 1x	Heat 1	1000
219	8:13 AM		Heat 2	1000
220	8:16 AM		Heat 3	1000
221	8:19 AM		Heat 4	1000
222	8:23 AM	54 Mens Masters D 4-	Heat 1	1000
223	8:27 AM		Heat 2	1000
224	8:31 AM	55 Mens Masters D 4+	Heat 1	1000
225	8:35 AM		Heat 2	1000
226	8:39 AM	94 Mens Masters G 4x	Heat 1	1000
227	8:43 AM		Heat 2	1000
228	8:46 AM	16 Womens Masters B 2x	Heat 1	1000
229	8:49 AM		Heat 2	1000
230	8:52 AM		Heat 3	1000
231	8:55 AM		Heat 4	1000
232	8:59 AM	61 Womens Masters E 4-	Heat 1	1000
233	9:03 AM		Heat 2	1000
234	9:06 AM	64 Mens Masters E 1x	Semi-Final 1	1000
235	9:09 AM		Semi-Final 2	1000
236	9:14 AM	35 Womens Masters C 8+	Heat 1	1000
237	9:19 AM		Heat 2	1000
238	9:23 AM	38 Mens Masters C 4x	Heat 1	1000
239	9:27 AM		Heat 2	1000
240	9:35 AM	72 Womens Masters F 2x	Final	1000
241	9:40 AM	84 Mens Masters F 8+	Final	1000
242	9:45 AM	121 Mens Masters I 1x	Final	1000
243	9:50 AM	113 Womens Masters I 1x	Final	1000
244	9:55 AM	5 Womens Masters A 4-	Final	1000
245	10:00 AM	6 Womens Masters A 4+	Final	1000
246	10:05 AM	8 Mens Masters A 1x	Final	1000
247	10:10 AM	43 Womens Masters D 1x	Final	1000
248	10:15 AM	54 Mens Masters D 4-	Final	1000



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249	10:20 AM	55 Mens Masters D 4+	Final	1000
250	10:25 AM	88 Womens Masters G 2-	Final	1000
251	10:30 AM	94 Mens Masters G 4x	Final	1000
252	10:35 AM	128 Womens Masters J 1x	Final	1000
253	10:40 AM	134 Womens Masters K 1x	Final	1000
254	10:45 AM	132 Mens Masters J & K 4-	Final	1000
255	10:50 AM	133 Mens Masters J & K 4+	Final	1000
256	10:55 AM	16 Womens Masters B 2x	Final	1000
257	11:00 AM	28 Mens Masters B 8+	Final	1000
258	11:05 AM	61 Womens Masters E 4-	Final	1000
259	11:10 AM	62 Womens Masters E 4+	Final	1000
260	11:15 AM	64 Mens Masters E 1x	Final	1000
261	11:20 AM	99 Womens Masters H 1x	Final	1000
262	11:25 AM	110 Mens Masters H 4-	Final	1000
263	11:30 AM	111 Mens Masters H 4+	Final	1000
264	11:35 AM	35 Womens Masters C 8+	Final	1000
265	11:40 AM	38 Mens Masters C 4x	Final	1000

Lunch Break

266	12:20 PM	79 Mens Masters F 2x	Heat 1	1000
267	12:23 PM		Heat 2	1000
268	12:26 PM		Heat 3	1000
269	12:29 PM		Heat 4	1000
270	12:32 PM	1 Womens Masters A 1x	Heat 1	1000
271	12:35 PM		Heat 2	1000
272	12:38 PM		Heat 3	1000
273	12:41 PM		Heat 4	1000
274	12:44 PM	85 Womens Masters G 1x	Heat 1	1000
275	12:47 PM		Heat 2	1000
276	12:50 PM	23 Mens Masters B 2x	Heat 1	1000
277	12:53 PM		Heat 2	1000
278	1:20 PM	124 Mens Masters I 2-	Final	1000
279	1:25 PM	75 Womens Masters F 4-	Final	1000
280	1:30 PM	76 Womens Masters F 4+	Final	1000
281	1:35 PM	79 Mens Masters F 2x	Final	1000
282	1:40 PM	1 Womens Masters A 1x	Final	1000
283	1:45 PM	14 Mens Masters A 8+	Final	1000
284	1:50 PM	85 Womens Masters G 1x	Final	1000
285	1:55 PM	98 Mens Masters G 8+	Final	1000
286	2:00 PM	18 Womens Masters B 2-	Final	1000
287	2:05 PM	23 Mens Masters B 2x	Final	1000
288	2:10 PM	120 Womens Masters H - K 8+	Final	1000
289	2:15 PM	108 Mens Masters H 4x	Final	1000
290	2:20 PM	130 Mens Masters J & K 4x	Final	1000
291	2:25 PM	169 Womens Masters Para 1x	Final	1000
292	2:30 PM	170 Mens Masters Para 1x	Final	1000
293	2:45 PM	140 Mixed Masters A & B 8+	Division 1	1000



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294	2:50 PM	147 Mixed Masters D 4+	Division 1	1000
295	2:55 PM	156 Mixed Masters F & G 8+	Division 1	1000
296	3:00 PM		Division 2	1000
297	3:05 PM	142 Mixed Masters C 4x	Division 1	1000
298	3:10 PM		Division 2	1000
299	3:15 PM	149 Mixed Masters E 2x	Division 1	1000
300	3:20 PM		Division 2	1000
301	3:25 PM		Division 3	1000
302	3:30 PM		Division 4	1000
303	3:35 PM		Division 5	1000
304	3:40 PM	157 Mixed Masters H - K 2x	Division 1	1000
305	3:45 PM		Division 2	1000
306	4:00 PM	163 Womens IS Masters D 4x	Final	1000
307	4:05 PM	165 Mens IS Masters D 4x	Final	1000
308	4:10 PM	164 Womens IS Masters D 8+	Final	1000
309	4:15 PM	166 Mens IS Masters D 8+	Final	1000



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Indicative Race Schedule Only

Subject to Change following final entry numbers

<u>Race</u>	<u>Time</u>	<u>Event</u>		<u>Distance</u>
310	7:30 AM	44 Womens Masters D 2x	Heat 1	1000
311	7:33 AM		Heat 2	1000
312	7:36 AM		Heat 3	1000
313	7:39 AM		Heat 4	1000
314	7:42 AM	93 Mens Masters G 2x	Heat 1	1000
315	7:45 AM		Heat 2	1000
316	7:48 AM		Heat 3	1000
317	7:51 AM		Heat 4	1000
318	7:55 AM	66 Mens Masters E 4x	Heat 1	1000
319	7:59 AM		Heat 2	1000
320	8:03 AM		Heat 3	1000
321	8:07 AM		Heat 4	1000
322	8:10 AM	37 Mens Masters C 2x	Heat 1	1000
323	8:13 AM		Heat 2	1000
324	8:16 AM		Heat 3	1000
325	8:19 AM		Heat 4	1000
326	8:25 AM	73 Womens Masters F 4x	Heat 1	1000
327	8:29 AM		Heat 2	1000
328	8:32 AM	81 Mens Masters F 2-	Heat 1	1000
329	8:35 AM		Heat 2	1000
330	8:38 AM	44 Womens Masters D 2x	Semi-Final 1	1000
331	8:41 AM		Semi-Final 2	1000
332	8:46 AM	56 Mens Masters D 8+	Heat 1	1000
333	8:51 AM		Heat 2	1000
334	8:55 AM	17 Womens Masters B 4x	Heat 1	1000
335	8:59 AM		Heat 2	1000
336	9:04 AM	63 Womens Masters E 8+	Heat 1	1000
337	9:09 AM		Heat 2	1000
338	9:12 AM	32 Womens Masters C 2-	Heat 1	1000
339	9:15 AM		Heat 2	1000
340	9:20 AM	123 Mens Masters I 4x	Final	1000
341	9:25 AM	73 Womens Masters F 4x	Final	1000
342	9:30 AM	81 Mens Masters F 2-	Final	1000
343	9:35 AM	7 Womens Masters A 8+	Final	1000
344	9:40 AM	10 Mens Masters A 4x	Final	1000
345	9:45 AM	44 Womens Masters D 2x	Final	1000
346	9:50 AM	56 Mens Masters D 8+	Final	1000
347	9:55 AM	89 Womens Masters G 4-	Final	1000
348	10:00 AM	90 Womens Masters G 4+	Final	1000
349	10:05 AM	93 Mens Masters G 2x	Final	1000
350	10:10 AM	133 Mens Masters J & K 8+	Final	1000
351	10:15 AM	17 Womens Masters B 4x	Final	1000
352	10:20 AM	26 Mens Masters B 4-	Final	1000



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353	10:25 AM	27 Mens Masters B 4+	Final	1000
354	10:30 AM	63 Womens Masters E 8+	Final	1000
355	10:35 AM	66 Mens Masters E 4x	Final	1000
356	10:40 AM	101 Womens Masters H 2-	Final	1000
357	10:45 AM	112 Mens Masters H 8+	Final	1000
358	10:50 AM	32 Womens Masters C 2-	Final	1000
359	10:55 AM	37 Mens Masters C 2x	Final	1000
Lunch Break				
360	11:30 AM	167 Womens CoC 1x	Final	1000
361	11:35 AM	168 Mens CoC 1x	Final	1000
362	12:00 PM	58 Womens Masters E 2x	Heat 1	1000
363	12:03 PM		Heat 2	1000
364	12:06 PM		Heat 3	1000
365	12:09 PM		Heat 4	1000
366	12:13 PM	52 Mens Masters D 4x	Heat 1	1000
367	12:17 PM		Heat 2	1000
368	12:21 PM		Heat 3	1000
369	12:25 PM		Heat 4	1000
370	12:29 PM	31 Womens Masters C 4x	Heat 1	1000
371	12:33 PM		Heat 2	1000
372	12:37 PM		Heat 3	1000
373	12:41 PM		Heat 4	1000
374	12:50 PM	49 Womens Masters D 8+	Heat 1	1000
375	12:55 PM		Heat 2	1000
376	1:00 PM	86 Womens Masters G 2x	Heat 1	1000
377	1:05 PM		Heat 2	1000
378	1:10 PM	95 Mens Masters G 2-	Heat 1	1000
379	1:15 PM		Heat 2	1000
380	1:20 PM	58 Womens Masters E 2x	Semi-Final 1	1000
381	1:25 PM		Semi-Final 2	1000
382	1:30 PM	68 Mens Masters E 4-	Heat 1	1000
383	1:35 PM		Heat 2	1000
384	1:55 PM	49 Womens Masters D 8+	Final	1000
385	2:00 PM	52 Mens Masters D 4x	Final	1000
386	2:05 PM	86 Womens Masters G 2x	Final	1000
387	2:10 PM	95 Mens Masters G 2-	Final	1000
388	2:15 PM	130 Mens Masters J 2x	Final	1000
389	2:20 PM	58 Womens Masters E 2x	Final	1000
390	2:25 PM	68 Mens Masters E 4-	Final	1000
391	2:30 PM	69 Mens Masters E 4+	Final	1000
392	2:35 PM	115 Womens Masters I-K 2x	Final	1000
393	2:40 PM	31 Womens Masters C 4x	Final	1000
394	2:45 PM	42 Mens Masters C 8+	Final	1000
395	2:50 PM	139 Mixed Masters A & B 4+	Division 1	1000
396	2:55 PM	148 Mixed Masters D 8+	Division 1	1000
397	3:00 PM		Division 2	1000
398	3:05 PM	158 Mixed Masters H - K 4x	Division 1	1000



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