

# NOTICE

TO: Girls School Head Coaches and MIC's  
FROM: Regatta Operations Manager – Paul Coates  
DATE: 12 February 2015  
SUBJECT: NSW Schoolgirl Head of the River Rules

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The 2015 NSW Schoolgirl Head of the River is being hosted by Rowing NSW on Sunday 8 March 2015 and will be conducted in accordance with the RNSW Rules and Laws of Boat Racing. In particular all entries into the regatta must be compliant with Law of Boat Racing 8.(4) and the additional instructions contained in this notice.

## **8. STATUS RULES – ELIGIBILITY TO COMPETE**

### **(4) SCHOOL COMPETITORS**

- a) A school competitor is one who is a bona fide school student of a registered school and who is under 19 years of age throughout the current season. This definition also applies to the coxswain of a school crew.
- b) Grade rules shall apply to school competitors.
- c) Schoolgirl competitors shall be eligible to compete in the following categories:
  - i) Year 8: A Year 8 competitor is one who is currently enrolled in Year 7 at the start of the season (Term 4) and will progress into Year 8 of the respective rowing season for the Head of the River (Term 1).
  - ii) Year 9: A Year 9 competitor is one who is currently enrolled in Year 8 (or below) at the start of the season (Term 4) and will progress into Year 9 (or below) of the respective rowing season for the Head of the River (Term 1).
  - iii) Year 10: A Year 10 competitor is one who is currently enrolled in Year 9 (or below) at the start of the season (Term 4) and will progress into Year 10 (or below) of the respective rowing season for the Head of the River (Term 1).
  - iv) Open: An open competitor in School competitions is one who is currently enrolled in Year 9 or Year 10 or Year 11 at the start of the rowing season (Term 4) and will progress into year 10, year 11 or year 12 of the respective rowing season for head of the River (Term 1).
- d) Schoolgirls are required to enter their crews in consecutive top down Divisions e.g. Quad 1 entered in Division 1, Quad 2 entered in Division 2 etc
- e) Schoolgirls may lodge a seeding request. Seeding requests are made directly to RNSW using the appropriate form for consideration PRIOR to the close of entries.
- f) Schoolgirl competitors may race in more than one event in a regatta, except that they may only compete in one division of each boat class in each year group. All eligibility for each category must be adhered to.
- g) Schoolgirl coxswains shall carry a maximum of 15kg dead weight in a boat to meet the minimum weight requirement as per rule 8 section 3d.
- h) Schoolgirl coxswains may cox in as many races as they wish as long as they do not cox “down” a crew.

**PLEASE NOTE: Schoolgirls MAY row in multiple events at the RNSW Schoolgirl Head of the River.**

**ADDITIONALLY:**

a) Eligibility:

All crews must comprise members who are students of one secondary school. No composite school crews permitted in any event. Competitors must represent their school and no club crews or scullers will be permitted in any event.

b) Divisions of Quads:

- i. Year 8, 9 and 10 and Open Quads will be conducted in divisions with heats and finals of each division if required. A division must have at least 3 crews from 2 schools.
- ii. Where heats and finals are required the draw for the heats will be seeded to spread the fastest crews across each heat and **all crews will progress to either an A or B final.**

c) Singles and Doubles Events:

- i. There is a limit of 27 entries into each Single and Double event.
- ii. Entries will be accepted on a **first in basis** with an initial allocation of one entry per school.
- iii. Schools may make additional entries which will be accepted if there are available lanes.
- iv. Single and Double events will be run in Heats and an A Final. No B final will be run for these events.

d) Senior Crews:

- i. The First Eight is considered the highest ranked senior event. School programs with 12 or more senior rowers are expected to boat a first eight.
- ii. The Second Eight is considered the second highest ranked senior event.
- iii. Schools may enter either the Open Quad or Four, schools boating a Second Eight may request their Open Quad be seeded into the 2nd division.

All entries must be made online through the RNSW Rowing Manager System. Entries will **open 12:00pm Monday 23 February 2015** and will **close 5pm Monday 2nd March 2015**. The entry fee is \$15 per seat (excluding coxswains), there is no CIS Nomination Fee payable.

A point score for the regatta will be conducted as in previous years and all perpetual trophies will be awarded.

Schools attending will be asked to provide volunteers to assist in the conduct of the regatta.

The full event list is available on the Rowing NSW [website](#) and all draws and notices will be published there. All enquiries and seeding requests should be directed to the Rowing NSW Regatta Operations Manager Paul Coates Tel: 02 8116 9777 Email: [paul@rowingnsw.asn.au](mailto:paul@rowingnsw.asn.au).